
METAL
EDGE
ROCK'S HARDEST MAGAZINE

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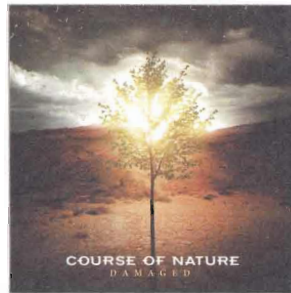
COURSE OF NATURE

Damaged

Silent Majority Group

Course Of Nature is tired of collecting dust. Though Lava Records put them on

the shelf, six years after their full-length debut, *Superkala*, the Los Angeles quartet returns under the



Silent Majority banner with their sophomore set, *Damaged*. With vocalist Mark Wilkerson's wife Melissa Joan Hart (you know, Sabrina The Teenage Witch) cheering them on, how can they fail? This collection gets kick-started with "Anger Cage," a polished track with a vengeful attitude. While there are plenty of melodic rock songs like "Live Again" and "The Window" revolving around heartache, the quartet temporarily steps outside their lyrical comfort zone with the politically amplified "World At War." They return to their niche with "Forget Her," a depressing composition with tasteful riffs. Though Course Of Nature wallows in tales of tainted love on *Damaged*, their vibrant rock sound and piercing lyricism makes the album highly addictive. That should about say it all.

—Bear Frazer
