

“Their music sounds like a lively blend of lo-fi surf rock meets The Strokes with a strong female lead—a combination sought by many but well executed by few.”

[Vogue](#)

“Their sound is reminiscent of punk acts that made waves decades prior, but Night’s insight offers listeners a fresh, in-the-moment resurgence of feminist angst.”

[Nylon](#)

“With a ’90s pop/rock attitude and a vintage style reminiscent of the ’50s and ’60s, the Regrettes is a teenage band made up of kids who are clearly wise beyond their years.”

[BUST](#)

“LA quartet the Regrettes make an infectious brand of punk with ’50s and ’60s pop leanings, and they beam with a youthful exuberance and raw vulnerability that result in deceptively provocative songs. Frontwoman Lydia Night pens intimate, personal laments as her bandmates surround her with walls of guitars and playful rapid-fire drums.”

[Stereogum](#)

“But on *Feel Your Feelings Fool!*, the debut album from LA-based garage pop quartet The Regrettes, 16-year-old frontwoman Lydia Night feels her feelings—and refuses to apologise for them . Case in point: the standout “Seashore,” a fiercely feminist missive that rivals the group’s doo-wop-infused debut single, “A Living Human Girl.””

[Noisey](#)

“Lydia Night may call her band the Regrettes, but the 15-year-old songwriter has few to speak of when it comes to putting music first. Based in Los Angeles, Night’s tongue-in-cheek garage-pop uses humor and nuance to transform ’60s pop into soul-baring, therapeutic rock songs.”

[Rookie Mag](#)

“The Regrettes kick serious ass in every single respect.”

[Clash](#)

“Joan Jett and Courtney Love would flip for this Los Angeles-based group. On the Regrettes’ debut album *Feel Your Feelings, Fool*, the 16-year-old singer Lydia Night shrieks and wails and howls about the trials and tribulations of adolescence with refreshingly unfiltered lyrics”

[Entertainment Weekly](#)

“The Regrettes deliver it all with a retro-infused enthusiasm. Nary a putdown or a kiss-off is delivered without a winning melody or soaring harmonies.”

[LA Times](#)

“The quartet — three girls and one guy, all still in their teens — rip through songs that will appear on their debut album, *Feel Your Feelings Fool!*, with the adrenaline rush of a whirlwind year pushing them.”

[LA Weekly](#)

“They’re going to be much more than just the purveyors of “cupcake punk.””

[USA Today](#)

“They’ve got a sound with roots in riot grrl but also some major-label polish (they’re signed to Warner Bros), and it’s catchy, appealing, confrontational stuff.”

[Brooklyn Vegan](#)